



# NUTRITION & ORAL HEALTH UPDATE FOR CARERS OF THE UNDER 5'S

**Free Training Opportunity**

## **Nutrition & Oral Health Update**

Suitable for all early years workers who live or work in Tameside.

### **What Does the Training Cover?**

- Nutrition advice for young children
- Oral health advice
- The impact nutritional health has for children within the childcare setting

For more information and to register for a place, please contact the Children's Nutrition Team on **0161 366 2349/2351** or email us at **childrensnutrition@tgh.nhs.uk**

Alternatively contact the Oral Health Coordinator on **0161 366 3913/3914**