# Tameside Training Consortium

www.tameside.gov.uk/tamesidetrainingconsortium

### Training Calendar July—September 2012

T <u>Date</u>	raining costs include refreshments, ho Course Name & Venue	indouts <u>Links</u>		ost
03.07.12 1pm-4.30pm	Advance Care Planning for care homes (EOL care) Greenside Primary School and Children's Centre, Droylsden	Links to level 3 EOL award	Julie Murphy, EOL education facilitator	Free
03.07.12 1pm-4.30pm	Basic First Aid Godley Suite, Hyde Town Hall	Induction level	Mary Dunkerley RGN, Cert. Ed	£10
09.07.12 1pm-4.30pm	Safeguarding Adults awareness Godley Suite, Hyde Town Hall	Links to QCF unit HSC024	Andrea Stanley TMBC	£10
10.07.12 1.00-4.30pm	Dementia Awareness Room 6 Festival Hall	Links to QCF DEM 201	Ann Fitzpatrick	Free
11,12,13 July 2012	CITRUS (Breakaway training) - for LDS staff (3 day training) Please contact Shirley Chappell for a referral to this training	LDS staff	Shirley Chappell PCT	£50 per person
12.07.12 9.30-4.00pm	Dignity in Care, Daisy Award training—date changed to 19.07.12 Stalybridge fire station	Dignity in care Award for organisations	Janet Robson, Dignity in Care, Modern Matron	£10
12.07.12 9.30–4.30pm	Level 2 Food Safety (CIEH accredited) Lunch Included Rutherford Suite, Hyde Town Hall		Alison Wassall Premier Food Safety	£20
17.07.12 14.30pm	Mental Capacity Act—Directed at operational care staff Room 6 Festival Hall Denton		Ann Fitzpatrick Training Consultant	Free
18.07.12 1.00-4.30pm	Introduction to Supporting People with Eating, Drinking and Swallowing Difficulties (LDS) Room 6 Festival Hall	CPD	Nicola Watkin PCT	£10
18.07.12 1pm-4.30pm	Basic Health & Safety Godley Suite, Hyde Town Hall	Mandatory	Susan McIntyre, Consultancy & Training	£10
19.07.12 1pm-4.30pm	<b>Epilepsy Awareness</b> Greenside Primary School and Children's Centre, Droylsden	CPD	Angi Stocker, Epilepsy Nurse Specialist	£10
24.07.12 1pm-4.30pm	Infection & Contamination Greenside Primary School and Children's Centre, Droylsden	Mandatory	Brian Shaw BDS Consultants	£10
31.07.12 9.30–4.30pm	Emergency First Aid at Work—accredited award Lunch Included Room 6, Festival Hall, Denton	Mandatory	Mary Dunkerley RGN, Cert. Ed	£20
02.08.12 1pm-4.30pm	Dementia awareness Room 6, Festival Hall, Peel St Denton	Links to QCF DEM 201	Ann Fitzpatrick Training Consultant	Free
07.08.12 9.30–4pm	Dignity in Care, Daisy Award training Stalybridge fire station	Dignity in care Award for organ- isations	Janet Robson, Dignity in Care Lead	£10
16.08.12 9.30–4.30pm	Autism Awareness - Lunch Included Care UK, Poppy House, Turner Lane, Ashton	CPD	Dan Redfearn NHS	£20
23.08.12 1-4.00pm	Emergency Meds in Epilepsy Greenside Primary School and Children's Centre, Droylsden	CPD	Angi Stocker, Epilepsy Nurse Specialist	£10

Please ring 0161 342 2119 for booking enquiries & either e mail booking forms to tamesidetrainingconsortium@tameside.gov.uk or fax to: 0161 342 2249.

Further information & downloads can be accessed at www.tameside.gov.uk/tamesidetrainingconsortium

**Training** 

onsortium

### **Advance Care Planning:**

All staff from Care homes are welcome to a half day training designed to explore communication and the documentation that is used to record the residents/families preferences and wishes for future care.

### Dignity in Care, Daisy Award training:

The training is for homes wishing to accredit, those who will be re accrediting this year and for care homes who have new staff who they wish to have dignity training and learn about the daisy. The Daisy Accreditation is about demonstrating to the public that care is delivered to our most vulnerable, frail and elderly population with dignity and respect. The Daisy Accreditation demonstrates that care homes are seeking to meet every resident's needs. The Daisy Training programme is split into 2 modules, Module 1: Workshop (1 Day Training)

One of the main focuses of the Daisy Accreditation is the delivery of training to staff. Module 2: Dignity E-Learning

The training is open to all staff within a care home - If 80% or more of staff completes the two modules this will allow the home to apply for full Daisy Accreditation.

#### Infection & Contamination:

Overview of the legal requirements, Duties of employer and employees, RIDDOR, Identifying risks, Personal health and hygiene checks, Personal grooming. Hand cleansing, Cleaning, disinfecting & sterilising, Decontamination, Sharps the storage and disposal of Infectious diseases

Course assessment multiple choice ques-

### **Emergency First Aid at Work** (Accredited Award):

Selecting the appropriate course will depend on the circumstances of the workplace and will be informed by the findings of the employers first aid needs assess-

ment. A 3 year certificate will be issued to those who successfully complete an FAW or EFAW course. During any 3 year period, first aiders should undertake annual refresher training (3 hours) at the end of year 1 and 2 to update their skills and prevent

At the end of year 3 it will be necessary to re-qualify: EFAW - a 1 day requalification course which will be continually assessed by the trainer.

### CITRUS Training (BILD Accredited)

Creative Intervention Training in Response to Untoward Situations

This is a model of managing aggression. The joint assessment and Commissioning Learning Disability service of Tameside accepts that there are occasions when it will be necessary to use manual techniques to manage incidents of aggression, or other untoward behaviour, which places the person being supported or others at risk.

### principles in all TTC training July—September 2012

### CIEH Level 2 Food Safety accredited (no lunch):

Benefits; Overall, it enables employees to: take personal responsibility for following food safety procedures, keep themselves clean and hygienic, receive and store food safely, prepare, cook and hold food safely.

#### Subjects covered:

legislation, food safety hazards, temperature control, refrigeration, chilling and cold holding, cooking, hot holding and reheating, food handling, principles of safe food storage, cleaning, food premises and equipment.

#### Outcomes:

Employees who handle food will gain a firm grasp of the importance of food safety and knowledge of the systems, techniques and procedures involved.

### Basic Health & Safety:

Learn how to identify health and safety areas before an incident to help 'manage' them. All chemicals and substances can cause harm to us. Learn about T. I. L.E. Moving manual-handling loads safely. Our own health. Completing the Accident form and how important the form is legally. Health and Safety at Work Act 1974.

### **Epilepsy Awareness:**

What is epilepsy: a basic overview of caus-

What happens when a person has a seizure and seizure types. Issues around the needs of the person with epilepsy: a perspective of what it means to live with epilepsy. Support strategies that promote independence and well-being. Seizure management: how to safely manage a seizure.

#### **Emergency Meds in Epilepsy:**

This session will be of interest to care staff or families caring for a person with epilepsy where emergency medications (Rectal diazepam or buccal midazolam) are prescribed. At the end of the session participants will have gained knowledge and skills that allow them to competently administer emergency medications in epilepsy.

### Course criteria

You must contact Angi Stocker at the e mail address over for referral to this training. Staff must have attended epilepsy awareness session within the last 2 years. Participants have attended a first aid course and can provide CPR. A refresher session is required every 2 years due to it being administration of emergency medications

### Course outline

Review of epilepsy awareness, Seizure management plans, Seizure emergencies, Duty of care in relation to emergency medications in epilepsy, Emergency medications, Practical demonstration and Assessment.

### Assessment is gained via

- Individual Supervised simulated procedure
- Written knowledge quiz

Candidates will be asked to participate in some activities.

### **Dementia Awareness:**

Understanding dementia and its impact on service users and Carers. Implications for supporting service users who have dementia



### Working in Partnerships

Basic First Aid (1/2 day course): Understand the limits of their own responsibility and ability in relation to emergency aid. Show they understand basic first aid techniques. Know how to use primary health



care services in response to illness or accident. Candidates will be asked to participate in the recovery position.

### Safeguarding Basic Awareness:

At the end of this training learners should: Recognise the existence of abuse Understand the signs and symptoms Know what to do if you suspect an adult is experiencing abuse

Work in a away that keeps vulnerable adults safe and protected from harm Know what will happen when you report concerns Know your responsibilities



### **Mental Capacity Act Awareness for** operational Care Staff:

Overview of Mental Capacity Act Principles

Definition of capacity / lack of capacity Assessment of capacity - who, how, why? Best Interests

Roles and responsibilities under the Act Deprivation of liberty safeguards (brief overview)

Implications for own practice

### Autism Awareness:

This course aims to provide participants with a basic understanding of Autism Spectrum Conditions (ASC) including Asperger's Syndrome. It will look at how individuals may be affected by the condition, and how they can be supported effectively. Course objectives:

Understand and explain what ASC are. Identify prevalence and possible causes of ASC.

Recognise and discuss characteristics of ASC including the triad of impairment. Recognise and implement good support for people with an ASD.

Be able to relate their learning to support of specific individuals with ASC, or the development of working practices that account for their needs.

### **Introduction to Supporting People** with Eating, Drinking and Swallowing Difficulties (LDS).

By the end of the course participants should:

Have a better understanding of the normal swallow, Have a better understanding of swallowing difficulties, Feel more confident in identifying eating, drinking and swallowing difficulties in order to refer appropriately, Have a better understanding of the role of the Communication Therapy Team. Feel more confident to support people with their eating and drinking

	Please note start and finish times need to be adhered to for certification					
<u>Date</u>	Course Name & Venue	<u>Links</u>	<u>Trainer</u>	Cost		
04.09.12 1-4.30pm	Understand how to support and enable communication with individuals with dementia—Must complete dementia awareness prior to this training Room 6, Festival Hall, Peel St Denton	CPD. Links QCF unit DEM 210	Ann Fitzpatrick Training Consultant	£10		
05.09.12 9.30–4.30pm	Dignity in Care, Daisy Award training Stalybridge fire station	Award for organisations	Janet Robson, Dignity in Care Lead Modern Matron	£10		
05.09.12 9.30am- 4.00pm	NEW— Safe Handling of Medication for care workers Lunch Included Room 6, Festival Hall, Peel St Denton	Mandatory for staff administer- ing meds	Hannah Simmons & Lisa McMannamon Medication Technicians	£20		
11.09.12 1.00-4.30pm	Dementia Awareness Room 6, Festival Hall, Peel St Denton	Links to DEM 201	Ann Fitzpatrick Training consultant	Free		
12.09.12 1-4.30pm	Safeguarding Adults awareness Room 6, Festival Hall, Peel St Denton	Links to QCF unit HSC024	Andrea Stanley TMBC Safeguarding Adults	£10		
13.09.12 1–4.30pm	End of Life Care Greenside Primary School and Children's Centre, Droylsden	Links to QCF: HSC 3048	Palliative Care Team	Free		
18.09.12 1–4.30pm	Communication Skills in End of Life Care Godley Suite, Hyde Town Hall	Links to C3048	Palliative Care Team	Free		
19.09.12 1–4.30pm	Symptom management and Liverpool Care Pathway (Nursing home staff only) Room 6 Festival Hall Peel St, Denton	CPD	Julie Murphy (EOL edu <mark>ca</mark> tion facilitator	Free		
20.09.12 1.00-4.30pm	NEW—Diabetes awareness—for care homes only Room 6, Festival Hall, Peel St Denton	CPD	Diabetes and vascular service T & G community health	ce, Free		
24.09.12 1pm-3pm	NEW—Feeding and Swallowing Training for Management of Adults with Acquired Swallowing Problems (Dysphagia) Room 6, Festival Hall, Peel St Denton	CPD	Gillian Delaney, Speech Therapy, Tameside Hospi	<b>£10</b>		
25.09.12 1pm-4.30pm	Basic Health & Safety Room 7, Festival Hall, Peel St Denton	Mandatory	Susan McIntyre, Consultan & Training Service	£10		
26.09.12 1–4.30pm	Basic First Aid Greenside Primary School and Children's Centre, Droylsden	Mandatory Induction	Mary Dunkerley RGN, Cert. Ed	£10		
26.09.12 1.00-4.30pm	Oral Hygiene Godley Suite, Hyde Town Hall	CPD	Oral Health Advisory Service	Free		
27.09.12 1.00-4.30pm	<b>Equalities &amp; Diversity</b> Godley Suite, Hyde Town Hall		Susan McIntyre Training Consultant	£10		

### Free Training for Nursing Staff only

Basic Life Support (training for nurses, at Werneth House, TGH, Fountain Street, Ashton—more details P4): Oct 5<sup>th</sup> 09:30-11:30 & 13:00-15:00.

Dec 10<sup>th</sup> 09:30-11:30 & 13:00-15:00.

Symptom management and Liverpool Care Pathway (Nursing home staff only) Room 6 Festival Hall Peel St, Denton September 19th 1—4.30pm

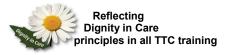
### Mental Health Training Scheme for Care Homes & Homecare

Tameside Training Consortium has organised a cost effective scheme for members to access mental Health training. Organisations would be responsible for an appropriately furnished training room and refreshments for the day to include lunch to accommodate 20 candidates. This scheme enables specialist delivery of training from Pennine Trust incurring reduced training fees.

Contact Lynne Taylor on 0161 342 3029 for more information on joining this scheme.



For above course outlines please see PAGE 4



#### Dementia Awareness:

Understanding dementia and its impact on service users and Carers. Implications for supporting service users who have dementia



## Understand how to support and enable communication with individuals with dementia;

How different forms of dementia may affect the way a person communicates Physical & mental factors to be considered Understand the importance of a person centred approach to communication Techniques to facilitate positive interactions

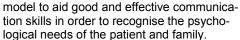
### Speech and Language Therapy Feeding and Swallowing Training for Adults with Acquired Swallowing Problems (Dysphagia):

This dysphagia training is relevant to all nursing staff, care assistants and kitchen staff involved in the care and management of people with swallowing difficulties.

Therefore, if you care for people following a stroke, with dementia or other neurological conditions (Parkinson's Disease, Multiple Sclerosis, Motor Neurone Disease etc) or anyone requiring assistance with eating/drinking, this training is for you. The session covers the referral criteria process and practical workshops on feeding practice and thickening; explanation of local descriptors for fluid and diet consistencies (and relating them to National Descriptors); explanation of the risks and consequences associated with improper feeding.

### Communication Skills in Palliative Care:

This training is from the Sage and Thyme training course which is designed to assist you to support distressed patients and their families. The purpose of the course is to provide a



### End of Life Care (Care workers):

Gain an understanding of the philosophy of palliative care and terminal care.

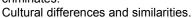
Recognise the importance of caring for the patient and their family with dignity and respect during the palliative phase and as death approaches.

Gain a basic understanding of symptoms at end of life. Understand the importance of effective communication skills. To gain a basic under-

standing of the Gold Standards Framework and The End of Life Care Strategy. To explore issues regarding grief, loss and bereavement support.

### **Equalities and Diversity:**

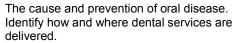
Legislation and policy Assumptions, stereotyping, prejudice and discrimination. Challenging practice that discriminates.



### July—September 2012 TTC Course Outlines training Calendar

#### Oral Health:

Improve the knowledge of oral health to the Health and Social Care Sector.



Identify the oral health care needs of specific client groups (in this case mainly the elderly)

Will cover through discussion and practical participation:

Basic oral health messages,

NHS dentistry and access to services, PCT dental service admission criteria. Information regarding the public health perspective on oral health for older people, Specific problems related to oral health and older people and how to deal with them. This training fits with QCF Diploma standards.

### Safe Handling of Medication (includes lunch):

What does the law say about medicines? Medication & falls in the elderly, Recording of administration, Safe disposal of medication, Using concordance devices, Medicines and the elderly, Classification of medicines, Different formulations of medicines, Preparing to administer medicines, Administration of various formulations. Using oral syringes and gallipots, Using various inhal-

er devices. Secondary dispensing, Interpreting directions, What is a medicine? Medication storage. Resources, MUR's.



### Diabetes awareness:

This course will give a better understanding of Diabetes and give practical information and advice about managing Diabetes. This course is suitable for care staff on all levels. What will the course cover?

What is diabetes? Type 1 and type 2 Symptoms of diabetes; identification and screening

Treatments; diet and exercise, oral medication, insulin and other injectable therapy Hypoglycaemia and hyperglycaemia; prevention, symptoms, management.

Essential daily care; diet, activity, administration of medication, timing of food and snacks, foot care, hygiene, monitoring and observation. Complications; overview and purpose of annual review

Diabetes emergencies; Hypoglycaemia, diabetic ketoacidosis, medication errors, urgent foot problems, diarrhoea and vomiting

#### **Basic Health & Safety:**

Learn how to identify health and safety areas before an incident to help 'manage' them. All chemicals and substances can cause harm to us. Learn about

T. I. L.E. Moving manual-handling loads safely. Our own health.

Completing the Accident form and how important the form is legally. Health and Safety at Work Act 1974.



Working in Partnerships

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Understand the signs and symptoms

Know what to do if you suspect an adult is experiencing abuse Work in a away that keeps vulnerable adults safe and protected from harm Know what will happen when you report

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concerns

### Dignity in Care, Daisy Award training:

The training is for homes wishing to accredit, those who will be re accrediting this year and for care homes who have new staff who they wish to have dignity training and learn about the daisy. The Daisy Training programme is split into 2 modules, see page 2 course details.

### Basic First Aid (1/2 day course):

Understand the limits of their own responsibility and ability in relation to emergency aid. Show they understand basic first aid techniques.



Know how to use primary health care services in response to illness or accident.

Candidates will be asked to participate in the recovery position.

### Training for Nurses:

#### Basic Life Support: This training will be deliv-

ered by an accredited Resuscitation Council (UK) Advanced Life Support Instructor and candidates will receive a certificate of attendance. Up to 4 nursing staff from the consortium will be ex-

cepted per session.



### Symptom management and Liverpool Care Pathway:

Half day course to for qualified nurses to recognise

and manage symptoms at end of life and enable them to complete the Liverpool Care Pathway documentation

All Nursing Home Staff Are Welcome To Attend

#### **Advance Care Planning:**

All staff from Care homes are welcome to a half day training designed to explore communication and the documentation that is used to record the residents/families preferences and wishes for future care. See page 1 for course date.

