

# 10 CHEAP AND EASY OUTDOOR GAMES

family  
**culture**  
**CAMP**  
at home  
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There is a whole adventure playground out there in our backyards, gardens and parks. With very few resources you can play some great family games and they won't cost you a penny! Here are 10 of our favourites.

**1** **Outdoor obstacle course**  
Create a killer obstacle course just from what you have lying around. Use your swing set, trampoline, cushions and ropes to create the course. Divide your group into two teams and see which team gets through it the quickest.

**2** **Limbo**  
All you need is a brush handle or long stick, someone to hold it and willing participants. Kids should take it turns to go under the stick without touching it- bending at the knees and leaning back as far as they can. Lower the bar a little for each round. The winner is the one that can go the lowest without touching the bar.

**3** **Slippery Tug of War**  
A good old game of tug of war is always fun. Divide your teams up evenly. Use a plastic sheet in the area of the game and add soap and water to it. As the teams struggle to keep their balance, let the tugging begin.

**4** **Blanket Drag Race**  
Grab some blankets and attempt to pull your team mate across the lawn as fast as you possibly can.

**5** **Balloon Stomp**  
Players have a balloon tied to each of their ankles and everyone runs around the yard trying to pop other players' balloons using their feet. The last one left with an un-popped balloon is the winner.

**6** **Simon says**  
Pick one person to be Simon. Everyone else should stand in a group, facing the chosen person. Simon can give any command he/she likes, such as "Simon says touch your nose" or "Simon says jump on one leg". If Simon doesn't say "Simon says" before a command, any player that does the action is out. The last one standing is the winner.

**7** **Scavenger Hunt**  
Create a scavenger hunt in your garden and see how long it takes for kids to find the hidden objects. A few ideas of things to hide: an entire deck of cards, stickers or toys.

**8** **Minibeast races**  
You could race as an insect. Like a beetle running on 6 legs, as an 8-legged spider or a millipede with lots of legs!

**9** **Bottle bowls**  
Create your own set of bowling pins with recycled bottles. Fill them with a bit of water and along with a ball you are ready to go.

**10** **Pass the water**  
Line up, one behind the other, each with a plastic cup. The first in line holds their cup of water over their head and tilts to try and fill the cup of the person behind and so on till the last in the team has a full cup.

