

# Referring to Youth In Mind during COVID 19



Accessing our support has changed a little since we are not able to see children, young people and their families face-to-face at this time.

The Hive and Families In Mind staff are working hard to make sure that a version of the 'drop in' and family assessments are still available to those who may need help and support now more than ever.

All 'drop ins' and family assessments will now be telephone appointments, but that will be the only difference. Practitioners will ensure that the same level of support and confidentiality is upheld, and will ensure that the same quality of service is delivered.

To access a telephone 'drop in' for The Hive (Tameside)

Call: 0161 330 9223

Email: [thehive@togmind.org](mailto:thehive@togmind.org)

To access a family assessment for Families In Mind

Call: 0161 330 9223

Email: [office@togmind.org](mailto:office@togmind.org)

## The type of support for Young people we are currently offering:

- Telephone Emotional Wellbeing Check
- Telephone Initial Assessment 'drop in'- including further referrals or sign-posting
- Telephone or Online Early Intervention Support (facilitated Self-Help)
- Telephone or web based Counselling
- Tips/Ideas for activities to support your emotional well-being shared on our social media and youtube channel

## The Type of support for Families we are currently offering

- Telephone Family assessment
- Telephone or web based wellbeing check
- Telephone or online family solutions sessions
- Practical tips and video resources for families
- Telephone or web based Counselling

*We continue to look at developing our modes of provision at this time*

## We are currently operating on the following days and times:

- Monday– Thursday 11am–8pm
- Friday 10am–5pm

You can discuss the best time for your appointment with your worker