



SUPPORT IS AVAILABLE, SO PLEASE DON'T SUFFER IN SILENCE



To access specialist LGBT domestic abuse services please call: Domestic Abuse Helpline 0161 636 7525 or Helpline@independentchoices.org.uk



If you would like to access support please call: 0345 3303030 or email: dasupport@lgbt.foundation. For further information please visit: lgbt.foundation/dasupport



You can access many of our services online at gmp.police.uk
For emergencies only call 999, or 101 if it's less urgent

