

Tameside Council Adult Services

Reablement Service





"The best thing is knowing someone will come when they said they would and it is someone you can trust."

Aims and Objectives

Reablement is about giving Adults 18+ years, the opportunity and confidence to relearn/regain some of the skills lost as a consequence of poor health, disability/impairment, or going into hospital or residential care.

The support enables you to re-learn skills or gain new skills that helps you to maintain long term independence. As the team work with you, they will be able to determine if you may need a long term package of care. We will trigger a review with your social worker who will explain to you about the financial assessment required for ongoing support

How do we achieve our aims?

Following an assessment Reablement support workers will support you at home from 1 day up to a maximum of 6 weeks.

A review can be triggered at any time within this period.

The level of support we provide will vary depending on your own skills and abilities. We will always provide encouragement for you to participate in each task as much as you can. The team will focus on your strengths and by setting achievable goals we will work towards regaining your independence.

Your goals will be recorded as part of your support plan and be kept in your care record book so that you, Reablement staff and carers can monitor the achievements you have made and identify new goals to work towards.

Reablement staff will monitor the level of support you need daily and through a weekly review.

Your original Reablement package of care may increase or decrease throughout your time with the service depending upon your needs.

How will the team improve your independence?

The Reablement Service will look at your previous abilities and work with you towards regaining them, to enable you to reach your optimum level of independence.

The team will do this by:

- Increasing your confidence.
- Finding new ways for you to do things independently.
- Providing aids/equipment or technology to enable independent living.
- Offering practical help and encouragement.

We will work closely with you and other health and social care colleagues throughout our involvement. We will involve you and include your wishes and that of your carers.

Sometimes after a spell in hospital or illness at home, people lose confidence and are worried about their ability to cope at home. The Reablement Service will try to help you get your confidence back and help you to remain as independent as possible.

Where possible we will always try to allocate regular staff to support you, however unexpected emergencies, annual leave or sickness may result in a change of worker at short notice.

How much does the service cost & how can an individual be referred?

The Reablement service is free for a maximum of up to six weeks.

Referrals to the service are made by a social worker, assessor or other health professional if they feel you will benefit from a period of time in Reablement.



"They will help me with what I need, but they will sit and chat after, it makes a difference when you live on your own."

What happens after my period of Reablement?

When your period of Reablement is coming to an end your social worker or assessor will undertake an end of Reablement review with yourself and any family members or advocates you wish to be present. Your Reablement workers will have completed a weekly monitoring tool to map your progress and this will be shared with your social worker and yourself.

If at the end of the period of Reablement you require no further service and you have reached the outcomes that have been set you will be discharged from the service. If there is a need for ongoing support, then a comprehensive and financial assessment will be required as services following Reablement are chargeable.

What is the cost of ongoing services should I need them?

If you need an ongoing package of care following your Reablement review you will be required to have a financial assessment to determine the contribution you may need to make towards your package of care. Alternatively you may choose to purchase care privately.

Your social worker or assessor will discuss all options with you.

**"The staff are brilliant
nothing is too much trouble."**

You have your say!

In order to assist us to continually improve the service we provide, we welcome your views, comments and opinions.

You will find a questionnaire in your Care Record Book to tell us about your experience in the service.

All complaints/compliments will be dealt with in line with the complaints procedures.

All feedback will be used to help us shape and improve services in the future.

If you require further information please contact:

Reablement Service

Wilshaw House

Wilshaw Lane

Ashton under Lyne

OL7 9QG

Tel: 0161 342 3455



