

# Safeguarding Adults in Tameside



[www.tameside.gov.uk/socialcare/adultabuse](http://www.tameside.gov.uk/socialcare/adultabuse)



This leaflet explains what you can do if you are being abused or if you suspect someone else is. It applies to everyone over eighteen who have care and support needs and are living in Tameside.

Every adult has a right to:

- A life free of fear
- Be treated with dignity
- Have their choices respected and not be forced to do anything against their will

## **WHO MAY BE AT RISK OF ABUSE?**

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Many adults over the age of eighteen rely on other people to help them in their day to day living. This may be due to illness, disability or frailty. They may be at risk from people they know such as a relative, friend, neighbour or paid carer or by a stranger. Abuse may occur anywhere including in their own home, in care homes or in day care centres/hospitals or in public places.

## **WHAT DO WE MEAN BY ABUSE?**

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Abuse can take many forms such as:

- Hitting slapping or pushing
- Shouting or swearing which makes the person afraid
- Unwanted touching, kissing, sexual intercourse or exploitation
- Money or property taken without consent or under pressure
- Not being cared for properly or denied privacy, choice or social contact
- Neglecting to care for one's own health and wellbeing
- Coercion and control
- Modern slavery / Human trafficking

## **WHO CAN YOU CONTACT?**

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You can contact Adult Services for further information and advice:

Adult Social Care

Tel: 0161 922 4888

Email: [Gateway-tga-tr.communitygateway@nhs.net](mailto:Gateway-tga-tr.communitygateway@nhs.net)

**If you suspect a crime has been committed please contact the police on 101**

