Helping you find your way

Thursday 21\textsuperscript{st} November 2019
9.00am – 12 noon

Whether you are a new Carer or have been caring for someone for a while, we believe that it’s important that you understand your rights and are able to access the support that is available to you as soon as you need it. Each year, Carers Rights Day helps us:

- ensure Carers are aware of their rights
- let Carers know where to get help and support
- raise awareness of the needs of Carers

Would you like to get information, advice and support from a wide range of agencies, including staff from Tameside Carers Centre?

Please join us on:

Thursday 21\textsuperscript{st} November 2019
9.00am - 12 noon
Ashton Library, Tameside One

There will also be short talks taking place in the Hegginbottom Room within the library.

Everyone welcome!