

Family friendly **OUTDOOR ACTIVITIES**

Now we can spend more time in Tameside's countryside and parks, here are a few ideas for family activities

Wacky woodland obstacle course

Invent your own obstacle course. Walk along a log, jump over a puddle, round the tree, through the gap, race your friends. Do it on one leg or with your hands in the air - or walk it backwards!

Touch and feel

Write your name with leaves or twigs. Find something prickly, hard, furry and bendy - make a texture picture on the ground or stick to card.

Make a nature mobile

Collect nature treasures and turn them into a mobile! Tie them at different lengths to a stick and hang it in your bedroom window.

Make a wind chime

Tie sticks on lengths of string and listen to them knocking together. Find a windy spot.



Make a nest

Gather twigs, leaves, wool, feathers, or moss and make a nest on the ground. Imagine who would lay an egg in it.

Create a mini world

Find a small area of grass or moss. Use stones and leaves to make a house, a village, a theme park or a castle. Make flags with leaves, make creatures with twigs and pebbles. Make a mini garden, a fairy playground or a hobbit house.

