

## TAMESIDE AND GLOSSOP EARLY ATTACHMENT SERVICE

**We are offering a **\*\*NEW\*\*** weekly 'drop-in' telephone consultation service for parent and professionals**

For parents (from pregnancy up to a child's fifth birthday) and professionals (health visitors, midwives, social workers, teachers, nursery workers , etc.)

A space to think about and discuss concerns about an infant or young child, or the parent-infant/parent-child relationship, and the impact of the Covid-19 situation.

**Are you worried about your baby/young child?  
Or a baby/young child you are working with?**



**Consultations are available  
Monday to Friday  
10am to 12 noon**

Please ring us on 0161 716 3569 to request a slot.

If we are not in the office there is a voicemail facility – please leave your contact details and the child's name, date of birth and address, and someone will get back to you.

This service will be offered until further notice.

Some of the things that we can support with include:

- Young children displaying behavioural changes that indicate an increase in anxiety or fear as a result of Covid-19
- Worries, fears, anxiety, frustrations, low mood, depression
- Adjusting to parenthood, becoming a parent, thinking about your baby during pregnancy
- Infant and child development, understanding your baby, managing behaviours that are challenging
- Sleeplessness, eating difficulties, excessive crying, tantrums, and separation difficulties

**\*\*If you need to speak to someone urgently please contact your GP or the NHS 111 service. In an emergency please contact 999\*\***