

2. information using sources on page profile
information.

What people like about me and what I like about myself

This section needs to give a positive introduction to the person the profile is about. It must summarise their positive characteristics and attributes.

Ask family and friends and others what they *like and admire* about the person. It will tell the reader what other people value most about the person and what their gifts and talents are and therefore will list the person's qualities, strengths and abilities.

What is important to and for me

This section needs to be a list of what really matters to the child or young person from their perspective, even if others don't agree.

It can include who is important to them, important possessions and any important routines they have.

It can include what is important for the person and what needs to happen to keep them safe and well.

It should give enough detail so that someone who doesn't know the person could understand what really matters to them

It should include all aspects of the person's life such as their hobbies, interests and passions

How I communicate

It is important to know how a child or young person communicates, prefers to communicate and how they want others to communicate with them.

If the person is unable to share their thoughts verbally use other means to explore communication needs with them and how they want to be involved in decision making. Record what support the child or young person wants and requires with regards to communication and decision making.

How best to support me

This section should list the support the person might need from others to stay healthy and safe and needs to reflect the balance of what is *important to and for* the child or young person

Record specific information that would be useful to someone else who may not know the person as well

Give details of what is helpful as well as what is not.

List the things that make a real difference to the person to enable that child or young person to live the life they want.

Record what is important for that child or young person to be healthy, safe and well.