



0161 342 4300 (FOSTERING TEAM)

# TRAINING AND DEVELOPMENT PROGRAMME

FOR TAMESIDE COUNCIL FOSTER CARERS

TRAINING  
BROCHURE  
& BOOKING  
LINKS



# INTRODUCTION



Welcome to the Tameside guide to training which contains all of the details of training and development opportunities available to foster carers.

In Tameside we are really committed to developing training to support the needs of new and existing carers hence a comprehensive training and development programme for April 2021 – April 2023 has been devised. The training programme consists of a wide range of courses from the introductory and mandatory training to more specialist training. We have sought to bring in expertise from professionals who work with vulnerable children so that we can provide a high quality-training programme.

Whilst there are a range of courses available, we are continuously reviewing and assessing our training so that we can provide courses which reflect the learning needs of carers, the legislative changes that affect our work and changes within Children's Services hence additional courses will be available throughout this 2 year period.

Within this training and development period, learning will be a combination of E-Learning, which can be completed in the comfort of your own home 24/7 and virtual learning via Zoom. Unfortunately, due to the ongoing pandemic we are not yet in a position to offer face to face training with the exception of First Aid training which will be very carefully managed. We are hopeful that in the future we will be able to reintroduce face to face training as we recognise the benefits of this.

In addition to E-Learning and Zoom training, we also recognise that there are lots of useful learning resources available online, for example Research in Practice, Future Learn and the Children's Safeguarding Board's website. In addition, learning and development can be enhanced by attending Foster Carer Support Groups and talks or briefings in schools.

There is such a variety of training available to support our carers and their continued professional development that we are confident that wherever you are up to in your fostering career we will have something to help further develop your knowledge and skills.

# TRAINING EXPECTATIONS AS A TAMESIDE FOSTER CARER



New carers will be expected to increase their skills and knowledge by focusing on attending core training over a twelve months of approval. Alongside this, new carers will receive support to achieve their TSD standards in the first 12 months (18 months for connected carers).

Experienced carers, referred to as Skills Level 3 and 4 carers are able to attend core training to refresh their knowledge but it is expected that these carers will add to their skills via attending training, workshops and completing online training. It is really important that you discuss your interest in attending courses with your supervising social worker before booking a place.

Attendance on courses where you have been allocated a place is important but we do understand that there may be rare occasions when this is not possible. In this case it is most important that you notify your supervising social worker in advance so that the place can be offered to someone else. We also ask that each course is evaluated by participants by completing the feedback forms so that we can continue to improve upon the way in which we deliver training.

In addition, it is important for you to record your training within the Foster Carer Reflection document, which should be used within your supervision so that your learning and development can be explored and recognised.

Foster Carer Training and Development should also be reflected within your Personal Development Plan (PDP) which is compiled in conjunction with your supervising social worker. Your Personal Development Plan should be reviewed within foster carer supervision and updated in preparation with your Annual Review. Each Personal Development Plan will be based on approval status, individual learning, support and development needs.

Once you have had discussions with your supervising social worker around attending a specific training session, please use Eventbrite to book your place. Alternatively, if the training is via E-Learning speak with your supervising social worker to ensure that you have a learning account set up.

# SKILLS SYSTEM LEVELS 1-4



The skills system of payment remains in place and training expectations of each group is as follows:

## LEVEL 1

carers approved  
for a specific child

## LEVEL 2

connected carers who have  
attended all core training and  
completed their TSD workbook.  
Mainstream carers who have  
attended Skills to Foster.

## LEVEL 3

mainstream carers who have  
completed all core training and  
their TSD workbook, plus  
completed an additional 15  
hours training.

## LEVEL 4

mainstream carers who have  
continued to build on their  
training and skills alongside the  
additional criteria outlined in  
the skills progression  
document.

# TRAINING, SUPPORT AND DEVELOPMENT STANDARDS FOR FOSTER CARERS



The TSD standards for foster carers were developed by CWDC (Children's Workforce Development Council) with input from practitioners, foster carers, and young people in the care system, Ofsted, the Fostering Network and BAAF. They were introduced in May 2007 and apply to all approved foster carers in England.

The Training, Support and Development (TSD) Standards provide a national minimum benchmark for all carers to help them further their knowledge of the fostering role, their responsibilities and the role of the local authority in working in partnership to achieve better outcomes for looked after children.

The TSD Standards are designed to:

- Ensure that all Foster Carers receive relevant induction, training, support and continuing professional development.
- Assist Managers and supervisors in assessing the skills, knowledge and experience of Foster Carers and in identifying their training and development needs.

Foster Carers are required to demonstrate their competence in 7 key areas that will enable them to provide quality care to children in care.

**Joint Carers:** Where two adults in a household are approved as Foster Carers, both must evidence that they meet the Standards. However, some of this evidence may be jointly held.

All foster carers will receive advice and support within supervision from their supervising social worker. Additional support is available upon request via your social worker, whereby a trained support worker will offer face to face support in enabling you to complete the standards.

# TRAINING, SUPPORT AND DEVELOPMENT STANDARDS FOR FOSTER CARERS



At the stage of becoming newly approved, carers will receive a pack which will include information about the TSD standards and how they can be achieved, what is expected and how to collate the evidence required. Evidence of standards must be completed in full within the first year of becoming an approved foster carer.

The pack will allow carers to take time to read the requirements and to gain a better perspective of what their roles and responsibilities are, consider ways in which they have started the process of gathering evidence, and learn more about the policies and procedures specific to all foster carers.

There are specific TSD standards for Short Break carers and Family and Friends carers. These carers will receive the same level of advice and support to complete the standards but the timescale can be extended to 18 months completion.

# INTRODUCTION TO FOSTERING

THIS COURSE IS OPEN FOR ALL CARERS TO ATTEND, IDEALLY AS SOON AFTER BEING APPROVED AT PANEL AS POSSIBLE.



## WHAT'S IT ABOUT?

The purpose of the Introduction training is to provide carers with an overview of the fostering role, including:

- The expectations of a foster carer
  - TSD workbook, training, support groups, daily recordings etc
- Referral process including when a placement is made
- What happens when a placement is made – Placement Planning Meeting, ensuring foster carers have all paperwork, Delegated Authority etc, CLA Reviews, health assessments, professionals that would be working alongside the child
- How Family Time works
- Available support

# SAFEGUARDING CHILDREN

THIS CAN BE COMPLETED VIA E-LEARNING ON THE MELEARNING WEBSITE OR VIRTUALLY FROM THE TAMESIDE SAFEGUARDING BOARD'S WEBSITE.



## WHAT'S IT ABOUT?

This course examines the Safeguarding Framework within Families First as well as common themes around what makes children vulnerable to abuse. Additionally, it looks at how different kinds of abuse impact on the children you look after and what you need to know to help these children.

## WHAT WILL I LEARN?

You will learn what we mean by abuse and neglect and how it can occur in families. As well as this, you will find out how to develop your foster child's resilience to best protect them against the negative impact of abuse.

### Related to Standards

Standard: 2, 3, 5, 6

Connected Standard: 1, 2, 4, 5

# PAEDIATRIC FIRST AID

THIS NEEDS TO BE COMPLETED IN PERSON  
(VENUE TO BE CONFIRMED) ONCE  
COMPLETED THIS COURSE CAN BE REVIEWED  
VIA E-LEARNING ON THE MELEARNING  
WEBSITE.



## WHAT'S IT ABOUT?

Aims of first aid, dealing with an emergency, priorities of treatment.

## WHAT WILL I LEARN?

The course is interactive and uses discussion, group work and demonstrations which enable you to practice your skills to administer first aid in emergency situations. The aims of the course are to provide foster carers with the knowledge and skills to administer general basic first aid; helping someone with a range of issues such as distress, heavy bleeding from wounds, poisoning, burns, scalds, choking, broken bones, head injuries, strain or sprain, anaphylactic and electric shock, unconsciousness and breathing, unconsciousness and not breathing, heart attack, shock, stroke, seizure, and administration of CPR. The care of children is considered throughout this course.

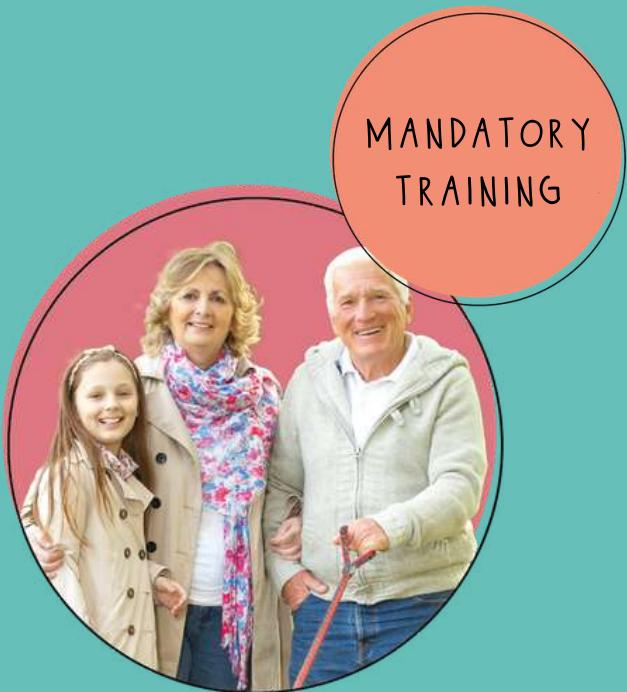
### Related to Standards

Standard: 3

Connected Standard: 2

# HEALTH & SAFETY

THIS CAN BE COMPLETED VIA E-LEARNING  
ON THE MELEARNING WEBSITE.



## WHAT'S IT ABOUT?

The course examines what is meant by the term health and safety and responsibilities.

## WHAT WILL I LEARN?

You will learn about the background of health and safety and who's responsibility it is. You will also learn about assessing risk and how to record. It will also allow you to start thinking about health and safety in your own home and ensuring your own health and safety record is up to date.

### Related to Standards

Standard: 3, 4, 6

Connected Standard: 2, 3, 5

# BASIC FOOD SAFETY

THIS CAN BE COMPLETED VIA E-LEARNING  
ON THE MELEARNING WEBSITE.



## WHAT'S IT ABOUT?

The course will outline the principles of basic food safety and hygiene.

## WHAT WILL I LEARN?

The course breaks down the key components to food hazards, food poisoning, food contamination, personal hygiene and food preparation and storage. After completing this course you will have a basic understanding of the essential principles to food safety and hygiene.

### Related to Standards

Standard: 3, 6

Connected Standard: 2, 5

# CHILD DEVELOPMENT

THIS CAN BE COMPLETED BY VIRTUAL TRAINING  
OR VIA E-LEARNING ON THE MELEARNING  
WEBSITE.



## WHAT'S IT ABOUT?

This course will explore early childhood, middle childhood and adolescence. This will include thinking about brain development, cognitive understanding, language and the emotional development that take place within these stages.

## WHAT WILL I LEARN?

You will learn how a child develops and at what stage they become proficient at certain tasks. Additionally, you will yourself develop skills and strategies to promote positive skills and behaviours in your foster children.

### Related to Standards

Standard: 2, 3, 5, 7.  
Connected Standard: 2, 4, 6

# EQUALITY AND DIVERSITY

THIS CAN BE COMPLETED BY VIRTUAL TRAINING  
OR VIA E-LEARNING ON THE MELEARNING  
WEBSITE.



## WHAT'S IT ABOUT?

The course explores what is meant by the term “equality and diversity” and how this can impact on everyday life.

## WHAT WILL I LEARN?

The aim is to provide an understanding around equality and diversity, the Equality Act and the benefits of good equality practice and how to ensure practice is inclusive. It will also raise your awareness around how to challenge inappropriate behaviors.

### Related to Standards

Standard: 1, 2, 4, 5

Connected Standard: 1, 3 , 4

# VOICE OF THE CHILD

THIS CAN BE COMPLETED BY VIRTUAL TRAINING  
OR VIA E-LEARNING ON THE MELEARNING  
WEBSITE.



## WHAT'S IT ABOUT?

This course will explore how to communicate effectively with children and young people.

## WHAT WILL I LEARN?

You will learn the importance of communication, what barriers there can be as well as how your communication can become more effective. You will be able to examine the concept of listening and explore how this can impact on others communication.

### Related to Standards

Standard: 1, 2, 4

Connected Standard: 1, 3

# FAMILY TIME AND WORKING WITH BIRTH FAMILIES

THIS IS COMPLETED BY VIRTUAL TRAINING.



## WHAT'S IT ABOUT?

The aim of the course is to examine the implications of working in partnership with parents and other family members of children in foster care. It explores some practical situations and develops strategies for dealing with them. It also ensures that the needs of all parents are considered regardless of their race, religion, disability or sexual orientation.

## WHAT WILL I LEARN?

You will learn about the meaning of the birth family. You will also develop an understanding of the challenges and rewards associated with contact and also explore how contact can be a positive experience for the child and young person.

### Related to Standards

Standard: 1, 2, 4, 5, 7

Connected Standard: 1, 3, 4, 5, 6

# SPECIAL GUARDIANSHIP

THIS IS COMPLETED BY VIRTUAL TRAINING.



## WHAT'S IT ABOUT?

This is an introductory workshop for all foster carers who want to find out more information about Special Guardianship (SGO)

## WHAT WILL I LEARN?

By attending this informal workshop you will gain an understanding of what it means to be a Special Guardian. You will have the opportunity to ask questions and meet others in the same situation.

# ALLEGATIONS

THIS IS COMPLETED BY VIRTUAL TRAINING.

SPECIALIST  
TRAINING

## WHAT'S IT ABOUT?

Facing an allegation of abuse or neglect is something that some carers will, unfortunately, experience during their fostering career. This course aims to provide you with an overview of how the allegation process is managed.

## WHAT WILL I LEARN?

By the end of the session you will be able to:

- Understand what an allegation is
- Understand the allegation process and how this will be managed.

### Related to Standards

Standard: 1,2, 3, 6, 7

Connected Standard: 1, 2, 3, 5, 6

# SAFE CARE AND RECORDING

THIS IS COMPLETED BY VIRTUAL TRAINING.

SPECIALIST  
TRAINING

## WHAT'S IT ABOUT?

As Foster Carers, you change children's lives. You open your home to children who have experienced abuse, neglect and hardship. It is a challenge to achieve the right balance between keeping children safe and allowing them to experience full family life. This course aims to make safer caring more understandable and practical. This course also looks at why recording is an important tool in safeguarding children in your care. Following this course, you would be able to complete a Safe Care Plan for your family and know where to get independent support if needed.

## WHAT WILL I LEARN?

By the end of the session you will be able to:

- Understand the principles behind Safer caring
- Be able to complete a Safe Care Plan
- Understand why recording is important

### Related to Standards

Standard: 1,2, 3, 4, 5, 6, 7

Connected Standard: 1, 2, 3, 4, 5,6

# SAFEGUARDING IN A DIGITAL WORLD

THIS IS VIA THE CEOP WEBSITE.

SPECIALIST TRAINING

## WHAT'S IT ABOUT?

The aim of the workshop is to look at keeping children safe on the internet. This will cover a range of online subjects including the impact of social media and what impact social media can have on looked after children.

## WHAT WILL I LEARN?

You will have the opportunity to learn how to stay in control of online risks and learn where to go if you have an online concern.

You will have the opportunity to access online resources in real time during the session that will help you in keeping your children safe online.

### Related to Standards

Standard: 1,2,3,4,6

Connected Standard: 1,2,3,5

# COMPLEX SAFEGUARDING

THIS IS COMPLETED BY VIRTUAL TRAINING.

SPECIALIST  
TRAINING

## WHAT'S IT ABOUT?

The course will exploring the vulnerability and risk factors for our young people as well as giving examples of the ways young people can be exploited. The course will highlight for carers how to identify the early warning signs of Child Sexual Exploitation, (CSE).

Myth busting and false assumptions that have arisen around CSE.

It will also explore gang exploitation of vulnerable children and adults to move and sell drugs. A tactic used by gangs to sell drugs outside of their normal area and reduce the risk of detection.

## WHAT WILL I LEARN?

By completing this course you will have an overview about County Lines and how it works. You will able also have developed an understanding of the vulnerability factors for children at risk of being exploited and therefore be able to take measures to help safeguard.

### Related to Standards

Standard: 1, 2, 3, 5 6

Connected Standard: 1, 2,3, 5

# FOUNDATIONS OF ATTACHMENT

SPECIALIST TRAINING

THIS IS COMPLETED BY VIRTUAL TRAINING.

THIS COURSE WILL BE VIA INVITE ONLY.

PLEASE DISCUSS YOUR INTEREST WITH YOUR SUPERVISING SOCIAL WORKER.

## WHAT'S IT ABOUT?

Foundations for Attachment training is a six week programme to help you nurture attachments with your child. It is designed specifically to support you in caring for children whose capacity to emotionally connect has been compromised as a result of attachment problems, trauma, and loss or separation.

The course consists of three core modules:

- Understanding Challenges of Parenting
- Therapeutic Parenting
- Looking After Self

## WHAT WILL I LEARN?

By completing this course, you will be able to understand the importance of “secure” attachments and how these provide the foundation for healthy brain development. You will be able to understand the effects and impact of developmental trauma. This course will also introduce you to “attachment focused” and therapeutic parenting and increase your ability to understand and manage behaviours in children and young people. Furthermore, you will explore how you can look after yourself emotionally.

### Related to Standards

Standard: 1, 2, 3, 5 6, 7

Connected Standard: 1, 2,3, 4, 5, 6

# SUBSTANCE MISUSE

SPECIALIST TRAINING

THIS IS COMPLETED BY VIRTUAL TRAINING.

## WHAT'S IT ABOUT?

This session is a basic drug and alcohol training session which covers awareness on a variety of different substances, local trends including the impact and the use of new technologies.

This session includes:

- Substance specific information
- Local trends – new popular substances
- Dangers, Risks
- Signs, symptoms, effects
- Our agency responses
- Allows for opportunity to ask any questions

## WHAT WILL I LEARN?

The training will enable you to understand the different drugs, spot the signs and symptoms of substance use and raise awareness of the effects, safeguarding and signposting of services available in the area.

### Related to Standards

Standard: 2,3,4,5,6,

Connected Standard: 1,2,3,5

# HIDDEN HARM & PARENTAL SUBSTANCE MISUSE

THIS IS COMPLETED BY VIRTUAL TRAINING.

SPECIALIST  
TRAINING

## WHAT'S IT ABOUT?

The experience of children and young people living with and impacted by parental problem alcohol and other drug use has come to be known as Hidden Harm. This is because the harm children and young people experience is often hidden, or if seen, is sometimes not recognised as harm and these children and young people, often do not get the support they need.

This session aims to raise your awareness around the impact that substance misuse has on children in particular but also on the whole family. It explores some of the dynamics and challenges that children and families impacted by living with substance use face.

## WHAT WILL I LEARN?

By attending this course you will increase your awareness of drugs and alcohol and the impact they can have. You will develop an awareness around the impact of parental substance misuse and "Hidden Harm". In addition you will develop appropriate responses to young people whose lives are affected by parental substance misuse. You will also develop knowledge around FASD and AEP and how to spot the signs in young people. Finally you will have a better understanding of the Branching Out service and the support we provide to young people and families across Tameside.

### Related to Standards

Standard: 2,3,4,5,6,

Connected Standard: 1,2,3,5

# HEALTHY CHILDREN

SPECIALIST TRAINING

THIS IS COMPLETED BY VIRTUAL TRAINING.

## WHAT'S IT ABOUT?

To enhance participants' knowledge skills and understanding of what is meant by promoting good health and their role in achieving this in children and young people. The course will help you develop the skills, knowledge and understanding so that you are able to work closely with social workers for the benefit of children and young people's health and lifestyle. It provides information about where to access the services provided by the local authority which encourage the child or young person to improve their life chances.

## WHAT WILL I LEARN?

You will learn about what impacts on children's health and wellbeing. You will develop a greater understanding of your role as foster carer and how good health can be promoted. The course will also help you gain an understanding of health conditions as well as learning about what is involved in children's health assessments.

### Related to Standards

Standard: 1, 2, 3, 5, 6

Connected Standard: 1,2,4, 5

# FOOD AND NUTRITION FOR CARERS

SPECIALIST  
TRAINING

THIS IS COMPLETED BY VIRTUAL TRAINING.

## WHAT'S IT ABOUT?

This course is for anyone wanting to learn more about healthy nutrition, promote basic healthy eating messages and discover current guidance.

### Related to Standards

Standard: 1, 2, 3, 5, 6

Connected Standard: 1,2,4, 5

## WHAT WILL I LEARN?

The course will develop your understanding of the healthy eating model, aid knowledge of fats, salt, sugar and their implications and help you decipher the information on food labels so that you can make healthier choices.

# WORKING WITH EDUCATION

SPECIALIST  
TRAINING

THIS IS COMPLETED BY VIRTUAL TRAINING.

## WHAT'S IT ABOUT?

This course is a vital ‘one stop’ workshop to help Foster Carers to actively support the education of Looked after Children.

## WHAT WILL I LEARN?

The Course will equip you to understand the PEP process and work in partnership with teachers and other professionals in nursery and early year settings, “statutory school” age settings, post-16 schools and colleges.

### Related to Standards

Standard: 1, 2, 4, 5

Connected Standard: 1, 3, 4

# SUPPORTING YOUR CHILD WITH READING

THIS IS COMPLETED BY VIRTUAL TRAINING.



## WHAT'S IT ABOUT?

This course aims to provide foster carers with the tools to support children with their reading.

## WHAT WILL I LEARN?

The course will support you in developing confidence as to how you can support your foster child with reading.

### Related to Standards

Standard: 1, 2, 4, 5

Connected Standard: 1, 3, 4

# CHILDREN'S RIGHTS SERVICE

SPECIALIST  
TRAINING

THIS IS COMPLETED BY VIRTUAL TRAINING.

## WHAT'S IT ABOUT?

To provide information regarding the services and support that children and young people can receive from Barnardo's Children's Rights Service.

## WHAT WILL I LEARN?

You will learn about Children's Rights and Entitlements within legislation and develop knowledge around the Barnardo's support that is available to Tameside children and young people.

### Related to Standards

Standard: 2, 6

Connected Standard: 1, 3

# TALKING ABOUT SEX

SPECIALIST  
TRAINING

THIS IS COMPLETED BY VIRTUAL TRAINING.

## WHAT'S IT ABOUT?

This course will enable you to provide and promote high quality sexual health through increased knowledge and support to young people in a way that addresses their sexual health and relationship needs.

## WHAT WILL I LEARN?

You will increase knowledge around sexual health issues affecting young people. You will identify the services that can support children and young people. In addition you will be equipped with information and knowledge around engaging and communicating with young people around sex and relationships.

### Related to Standards

Standard: 3,4,5,6

Connected Standard: 2,3,4,5

# LGBTQ+ AWARENESS

SPECIALIST  
TRAINING

THIS IS COMPLETED BY VIRTUAL TRAINING.

## WHAT'S IT ABOUT?

This course will provide you with a better understanding of what it means to be LGBTQ, the needs of LGBTQ people, the challenges they face, and how to support and communicate with young people who identify as LGBTQ.

## WHAT WILL I LEARN?

By the end of the course, you will have developed knowledge of what is meant by LGBTQ and how to understand sexual identity. In addition, you become aware of the issues LGBTQ people face and know what support and care is available.

### Related to Standards

Standard: 3,4,5,6

Connected Standard: 2,3,4,5

# CHILD BEREAVEMENT TRAINING

SPECIALIST  
TRAINING

THIS IS COMPLETED BY VIRTUAL TRAINING.

## WHAT'S IT ABOUT?

The aim of the course is to cover theories of grief, children and young people's understanding of grief and loss at different developmental stages, practical support that is available and resilience resources.

## WHAT WILL I LEARN?

You will focus around how to respond to children and young people's questions about grief and loss, especially when you do not always know the answer. You will also cover self-care when you are caring for and living with a bereaved child.

### Related to Standards

Standard: 2, 4,6

Connected Standard: 3,4, 5

# AUTISM TRAINING

SPECIALIST  
TRAINING

THIS IS COMPLETE ONLINE LEARNING AND A  
TUTORIAL VIA BILD OLIVER MCGOWAN  
MANDATORY TRAINING (TALENTLMS.COM).

YOU WILL NEED TO CREATE A LOG IN  
ACCOUNT AND ENSURE YOU REFER TO  
WORKING IN TAMESIDE.

## WHAT'S IT ABOUT?

The aim of the course is to explore what autism is and how and individuals needs can be met.

## WHAT WILL I LEARN?

You will develop a greater understanding of autism; learning about the needs of those individuals with autism, the difficulties for autism individuals. You will also improve your understanding and skills to meet the needs of those in your care.

### Related to Standards

Standard: 3,5,6

Connected Standard: 3,4,5

# SOLIHULL TRAINING

SPECIALIST  
TRAINING

THIS IS COMPLETED BY VIRTUAL TRAINING.

## WHAT'S IT ABOUT?

This course is intended for those who want to know more about their foster child's development and about sensitive and effective caring. It aims to develop a framework for foster carers to think about carer/child relationships which can be developed into a lifelong skill. This in turn promotes understanding of their foster child's behaviour and helps develop effective strategies to manage the child's behaviour. It explores issues such as:

- Understanding how foster children's behaviour is influenced by their experiences and how to manage the behaviour effectively.
- What is being communicated through a child's behaviour
- The development of reciprocity within a fostering relationship
- The importance of rupture and repair to enhance skills and increase resilience
- Strategies for dealing with challenges such as anger
- Developing sensitive, reflective and effective foster caring

## WHAT WILL I LEARN?

The course can help increase your confidence as a carer so that difficulties encountered in everyday life are reduced by seeing a child's behaviour from their point of view. A closer relationship between you and your child can develop, resulting in a calmer and happier household for everyone.

### Related to Standards

Standard: 1,2,3,4,5,6, 7

Connected Standard: 1,2,3,4,5,6

# PARENTAL CONFLICT

SPECIALIST  
TRAINING

THIS IS COMPLETED BY VIRTUAL TRAINING.

## WHAT'S IT ABOUT?

Evidence clearly identifies the impact of trauma on children and highlights children who are exposed to parental conflict can suffer long-term harm affecting emotional and social development, mental health, educational attainment, relationships, and employability. This course will explore how families experiencing Parental Conflict can be successfully managed.

## WHAT WILL I LEARN?

Attending this course will allow you to understand the impact parental conflict can have on children and young people. It will also enable to identify parental conflict, discuss and signpost where relevant.

### Related to Standards

Standard: 2, 4,6

Connected Standard: 3,4, 5

# FOETAL ALCOHOL (FASD)

SPECIALIST  
TRAINING

THIS IS COMPLETED BY VIRTUAL TRAINING.

## WHAT'S IT ABOUT?

This course enables learners to understand what Foetal Alcohol Spectrum Disorder is, the physical and cognitive features of the disorder and the impact that it can have on children and families.

## WHAT WILL I LEARN?

This course will help you to understand what is Foetal Alcohol Spectrum Disorder, it will help you to identify the causes and explain the signs and symptoms as well as aid your understanding as to how FASD can impact on an individual.

### Related to Standards

Standard: 3,5,6

Connected Standard: 2,4,5

# CHILD/ADOLESCENT SEXUAL DEVELOPMENT

SPECIALIST  
TRAINING

THIS IS COMPLETED BY VIRTUAL TRAINING.

## WHAT'S IT ABOUT?

It is essential for everyone working with children and young people to understand the process of sexual development which is what this course explores.

## WHAT WILL I LEARN?

Within this session you will learn about the ages and stages at which sexual development 'typically develops' and how to support a child's understanding of sexual behaviour and safety. You will be asked to reflect upon their attitudes and sexual development and may be asked to take part in small role plays. Consideration and discussion will also consider the development of gender identity and how to support positive gender identity.

### Related to Standards

Standard: 3,4,5

Connected Standard: 2,3,4

# CARING FOR CHILDREN WHO HAVE BEEN SEXUALLY ABUSED

SPECIALIST  
TRAINING

THIS IS COMPLETED BY VIRTUAL TRAINING.

## WHAT'S IT ABOUT?

Caring for children who have been sexually abused is demanding and challenging, and you cannot be left to manage this alone; this course will be an opportunity for you to discuss and consider how sexual abuse can affect a child's development and how best to support them in understanding their feelings and behaviour and in a safe and nurturing environment.

## WHAT WILL I LEARN?

You will develop an understanding of the impact sexual abuse can have and explore strategies in how to best support and care for children and young people.

### Related to Standards

Standard: 2,3,5,6,7

Connected Standard: 1,2,4,5,6

# ADOLESCENCE

THIS IS COMPLETED BY VIRTUAL TRAINING.

SPECIALIST  
TRAINING

## WHAT'S IT ABOUT?

It is essential for everyone working with children and young people to understand the process of sexual development which is what this course explores.

## WHAT WILL I LEARN?

You will have opportunity to learn about development changes and learn how they can impact on a young person.

### Related to Standards

Standard: 2,5,6

Connected Standard: 1, 4,5

# ATTENTIONAL NEEDS, ATTACHMENT AND ADHD

SPECIALIST  
TRAINING

THIS IS COMPLETED BY VIRTUAL TRAINING.

## WHAT'S IT ABOUT?

This course will discuss the links between difficulties with attentional control and the developmental trauma experienced by many children who are looked after. We will look at what helps to support children and young people with attentional needs, including strategies to support those with a diagnosis of ADHD.

## WHAT WILL I LEARN?

Attending this course will allow you to develop your knowledge and understanding around attentional control and the developmental trauma experienced. You will also learn how to manage children with such needs and be able to support and seek support when necessary.

### Related to Standards

Standard: 2,3,4,5

Connected Standard: 3,4, 5,6

# SUPPORTING YOUR WELLBEING (YOURS/CHILD)

THIS IS COMPLETED BY VIRTUAL TRAINING.

SPECIALIST  
TRAINING

## WHAT'S IT ABOUT?

This course will look at research and models of well-being and introduce practical ways to support your own well-being and that of the children you care for.

## WHAT WILL I LEARN?

You will be able to identify strategies to promote your and your child's wellbeing.

### Related to Standards

Standard: 3, 7

Connected Standard: 2, 6

# INTRODUCTION INTO COMMON MENTAL HEALTH ISSUES

THIS IS COMPLETED BY VIRTUAL TRAINING.

SPECIALIST  
TRAINING

## WHAT'S IT ABOUT?

This course provides a general overview around common mental health issues and how these can be supported.

## WHAT WILL I LEARN?

Attending this course will enable you develop your understanding of common mental health issues and build confidence in caring for a child or young person who experiences mental health issues.

### Related to Standards

Standard: 3,5,6,7

Connected Standard: 2,3,5,6

# SELF HARM AWARENESS

SPECIALIST  
TRAINING

THIS IS COMPLETED BY VIRTUAL TRAINING.

## WHAT'S IT ABOUT?

Self-harm can be a challenging area to discuss with children and young people; however, it is a prevalent issue that needs to be addressed. This course acts as a guide to self-harm behaviours. There is advice on prevention strategies and working with children and young people who may suffer from these issues.

## WHAT WILL I LEARN?

Attendance at this course will help you to develop an awareness of self-harm. You will learn prevention strategies and where support can be accessed.

### Related to Standards

Standard: 3,5,6,7

Connected Standard: 2,3,5,6



## GET IN TOUCH

### KEY CONTACT DETAILS

Tameside Fostering Service  
The Denton Centre  
Acre Street, Denton  
M34 2BW

Fostering Enquiries Line: 0161 342 2342

Fostering Team Line: 0161 342 4300

Children's Rights Service  
86 Stamford Street,  
Ashton under Lyne,  
OL6 6QH  
Tel: 0161 331 3981

Ofsted  
Piccadilly Gate  
Store Street  
Manchester  
M1 2WD  
Tel: 0300 123 1231

Complaints Manager  
Tameside One  
Market Place  
Ashton-under-Lyne  
Tameside  
OL6 6BH  
Tel: 0161 342 5233

 [FACEBOOK.COM/TAMESIDECOUNCIL](https://www.facebook.com/tamesidecouncil)

 [TWITTER.COM/TAMESIDECOUNCIL](https://twitter.com/tamesidecouncil)

 [INSTAGRAM.COM/TAMESIDECOUNCIL](https://www.instagram.com/tamesidecouncil)