

# Children and Young People's Emotional Health and Wellbeing Local Transformation Plan Summary

This Local Transformation Plan outlines how the local area intends to transform Children and Young People's Mental Health over the next five years.

## Vision

We want children, young people and their families to be successful. We will work to ensure that positive opportunities and effective help are available at the earliest opportunity; enabling children and their families to make the choices that mean they can thrive and achieve. Where children and families do need to access services, they will be responsive, of a high quality and focussed on achieving self-reliance.

## Aims

To develop a personalised, joined up system to enable children and young people to stay well and provide the best support and care when and where they need it.

Embed the THRIVE framework as a multi-agency approach to meet the full range of children and young people's emotional and mental wellbeing needs. This will ensure the right support, is given at the right time through an 'open door'.



More young people to have access to evidence based help and support, quickly.

Everyone working together to promote children and young people's emotional well-being and resilience.

Mothers and their partners will get swift and easy access to a range of mental health support from pregnancy into the early years.

## How will we get there?

We will embed the THRIVE framework as a multi-agency approach to meet the full range of children and young people's emotional and mental well-being needs with strong leadership and governance. Some of the work includes:

### Getting Advice – Signposting, support with self management

- Ensure children, young people and their families are listened to.
- Train staff working with Children and Young people to recognise needs and be able to respond to them quickly.

### Getting Help

- Increase the workforce through additional investment in frontline staff (specialist CAMHS and community services)
- Develop a single point of entry to support and help for children and young people with mental health and well-being needs.
- Create drop-in sessions so children and young people can access help and support quickly.

### Getting More Help

- Monitor and review to make sure that more young people are being supported and that the help they are receiving is making a difference.
- Enable children and young people with possible neurodevelopmental conditions to get the support and help they need quickly.

### Getting Risk Support

- Work with Greater Manchester Health and Social Care Partnership to develop a care pathway for those children and young people experiencing a mental health crisis.