Your Step-by-Guide for Orient Gene COVID-19 antigen test Self Testing

For the Orient Gene 20 Pack

Read this whole guide carefully before you start the test.
This test may be different to the one you have used before.

Please refer to page 3 inside the guide for frequently asked questions

Nose only test

x5   **x5**

1. Swab both nostrils up to 2.5 cm

x6
Leave for 1 minute

x4

2. Process sample

15 minutes

3. Wait

Positive   Negative   Void Test again

C   T

4. Results

NHS COVID-19 Report

5. Report

These instructions for use relate to Coronavirus Ag Rapid Test (GCCOV-502a-NA20) only.

This guide explains how to test yourself or another person for COVID-19, and report the results to the NHS.

What you need to do

Please use this user friendly booklet

Your step-by-step guide

Read through the instructions and follow the steps in the correct order.

Contents of this booklet

Around 1 in 3 people with COVID-19 do not know they have it.
With regular self-testing we can slow the spread and help protect the most vulnerable in our families and communities.

This booklet only refers to Orient Gene Coronavirus Ag Rapid Test: GCCOV-502a-NA20

Frequently asked questions

Q What is this test for?

- This is a pack of 20 Orient Gene COVID-19 lateral flow tests which are for testing at home.

- This larger pack is provided for convenience to enable testing in households and across communities.

Q Why is there a separate set of instructions for this test?

- The instructions given with this test are intended to provide easy-to-follow testing instructions for lay users.

Q Where can I get further information?

- For any queries relating to these tests, call 119 or visit **www.gov.uk/covid19-self-test-help**

Q Can I continue to use the tests after opening the box?

- Yes, as long as the components are sealed and they are used before the expiry date printed on the box.

- It is important to keep the box and to keep all test components together.

- Only use the components in this box for this test, until all tests have been used.

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Advice about taking the test

There are useful tips, advice and warning boxes spread out along the guide, to help you. By following these instructions carefully step-by-step, you will have a much better chance of getting a reliable result.

General guidance and warnings

- If you experience a nose bleed during swabbing, please stop swabbing. The swab cannot be tested.
- The product has not been made with natural rubber latex however the presence or traces of natural rubber latex in the product as delivered to the end-user cannot be excluded completely.
- Keep the test kit away from children.
- All kit components are single use items except for the workstation. **Do not reuse** any used kit components such as swabs or extraction tubes, except for the workstation.
- **Do not** mix components from different kit boxes. Only use the kit components provided in this kit.
- **Do not** use the test cassette if it has been exposed to household cleaning products (especially bleach) as this may lead to an incorrect result.
- **Do not** perform the test in direct sunlight as this may lead to an incorrect result.
- These kits are only designed for human use.
- **Do not** discard the workstation, this is reused for all tests.

Advice

- Store the test kit at normal room temperature or in a cool dry place (2°C to 30°C).
- Do not leave in direct sunlight and do not store in a freezer.
- The kit should be used at room temperature (15°C to 30°C). If the kit has been stored in an area less than 15°C, leave it at normal room temperature for 30 minutes before using.

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About this test

Why you should self-test

This Coronavirus Ag Rapid Test kit is a swab test for the nose to check if you are infectious. It's for people who have symptoms as well as those with no symptoms. However you should follow national guidelines to check what type of test is right for you.

Use the camera on your phone to scan the Quick Link QR codes

If you display symptoms of COVID-19

Visit **nhs.uk/conditions/coronavirus-COVID-19** for the most up-to-date advice.

Arrange for the current recommended test:
visit **gov.uk/get-coronavirus-test** or call the customer contact centre by dialling **119**. Lines are open from 7am to 11pm every day.
(free to call from landlines and mobiles)
Do not delay getting help if you are worried. Trust your instincts.

If the condition gets worse, or symptoms do not improve after 7 days, visit the **NHS 111** online service **111.nhs.uk** or dial **111** to speak to someone directly. For a medical emergency, dial **999** immediately.

111

Follow the latest government guidelines on self-isolation:
nhs.uk/conditions/coronavirus-covid-19

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Who this test is suitable for

Adults aged 18+
Self-test and report, with assistance if needed.

Adolescents aged 12 – 17
Self-test and report with adult supervision.
The adult may conduct the test if necessary.

Children under 12
Children under 12 years of age should be tested by an adult.
Do not conduct the test if you do not feel confident testing a
child. Do not continue the test if the child feels pain.

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1. Prepare your test area

Please use this user friendly booklet

You'll need: a timer such as a watch or clock, tissues, surface cleaner and sanitiser or soap and access to warm water

1 Read this instruction guide carefully.

2 Immediately before starting the test, clear, clean and dry a flat surface to place the test kit on.

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Check your kit contents

3 In your test box you should have:

Ignore waste bag text

Suspected Coronavirus
Nasal Specimen

Only professional allowed to
open it.

Zip-lock bag. Use as Waste bag
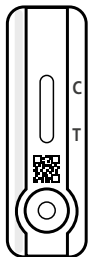
Test cassette in
sealed pouch
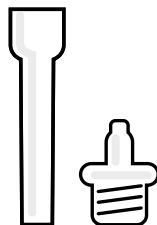
Extraction tube
with Dropper Tip

Sterile swab in
sealed wrapper

Small cap
(Not required)
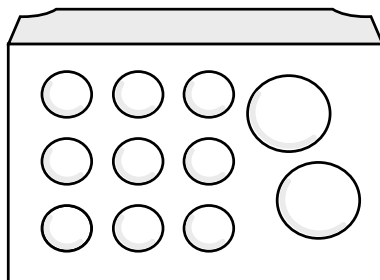
Workstation (x1 reusable)
(Do not discard)

Advice

What to do if something is damaged, broken or missing
If you notice anything damaged, broken or missing, please do not use the test kit. You can give feedback by calling the customer contact centre.
Lines are open every day, 7am to 11pm.

Call: **119** (free from mobiles and landlines).
We offer support in 200 languages as well as British Sign Language.

Report any safety concerns, faulty equipment or incidents to:
https://www.gov.uk/covid-19-test-feedback

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2. Set up your test

4 Gently blow your nose into a tissue and throw it away in your general household waste. This is so that you get rid of excess mucus. If you are testing a child/dependent help them to blow their nose, as required.

5 Wash your hands thoroughly for 20 seconds, using soap and warm water or hand sanitiser. If doing more than one test, clean the surface and rewash your hands between each test
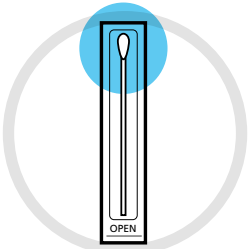
6 Find the sterile swab in the sealed wrapper. Identify the soft, fabric tip of the swab. The swab has a break point in the middle.

7 Peel open the swab package and gently take out the swab. Warning: Never touch the fabric tip of the swab with your hands or touch any surfaces.

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3. Take your swab sample

Warning

Please ensure all nose piercings or similar jewellery are removed prior to swabbing.

If testing a child under 12, or a person who requires assistance, follow the steps on page 11.

Testing yourself
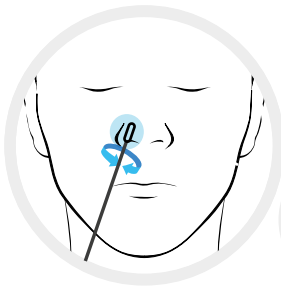
10 **First nostril**
Using the swab, carefully insert the fabric tip of the swab into one nostril. The swab tip should be inserted up to 2.5cm until resistance is met. Gently roll the swab around the inside of your nostril 5 times.
Ensure there is good contact between the fabric tip of the swab and the inside of the nostril. No force is needed and you do not have to push far into your nostril.
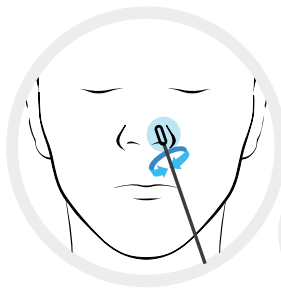
x5

11 **Second nostril**
Use the same swab, insert the fabric tip of the swab into one nostril. The swab tip should be inserted up to 2.5cm until resistance is met. Gently roll the swab around the inside of your nostril 5 times. Ensure there is good contact between the fabric tip of the swab and the inside of the nostril.
The swab is now ready for processing

x5

Warning

If you experience a nose bleed during the swabbing, please stop swabbing.
The swab can not be tested. It is recommended to consult your doctor if bleeding persists.

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Report all your test results to the NHS

Doing a test on someone else

Children under 12 should be tested by an adult. Follow the guidelines below on how to prepare and test a child or a person who requires assistance.

If you're testing a child, show them the test kit and talk to them about what you are going to do. If possible, sit them on someone's lap or have someone hold their hand. Ask the child to blow their nose into a tissue. Place the tissue in a bin
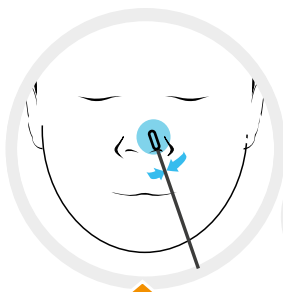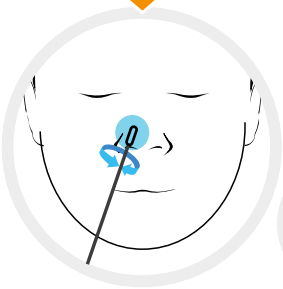
10 **First nostril**

Place the fabric tip of the swab just inside one nostril. The swab tip should be inserted up to 2.5cm until resistance is met. Gently roll the swab around the inside of the nostril 5 times.

Ensure there is good contact between the fabric tip of the swab and the inside of the nostril. No force is needed and you do not have to push far into their nostril.

x5

Swab both nostrils

11 **Second nostril**

Use the same swab, insert the fabric tip of the swab into one nostril. The swab tip should be inserted up to 2.5cm until resistance is met. Gently roll the swab around the inside the nostril 5 times. Ensure there is good contact between the fabric tip of the swab and the inside of the nostril.

The swab is now ready for processing

x5

Warning

If the person you are testing **experiences a nose bleed** during the swabbing, please stop swabbing. The swab can not be tested. It is recommended to consult their doctor if bleeding persists.

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4. Process the swab sample
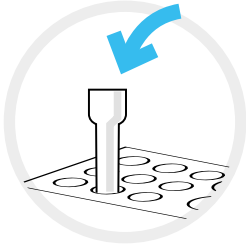
10 Insert the test extraction tube into the workstation provided in the kit.

Make sure that tube reaches the bottom of the workstation

11 Keeping the tube away from your face, gently peel off the sealing film on the extraction tube to avoid spilling any fluid.

Warning

Do not bite the seal film of the extraction tube.
Avoid the extraction buffer making contact with your skin.

Warning

The extraction buffer contains preservatives which may cause an allergic reaction in some people. If the solution makes contact with the skin or eye, wash with lots of water. If skin irritation occurs get medical attention.

x6
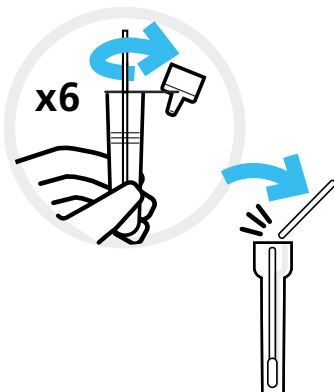
12 Place the fabric tip of the swab into the extraction tube fluid. Press the tip against the edge of the extraction tube with force, while rotating it around the tube **at least 6 times.**

13 Leave the swab in the extraction tube, **set a timer** and leave for **1 minute**.

14 Break swab at break point LEAVE the swab in the vial and do not remove it

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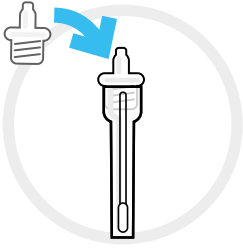
15 Push the dropper tip tightly on to the extraction tube. Place the extraction tube back in the workstation.
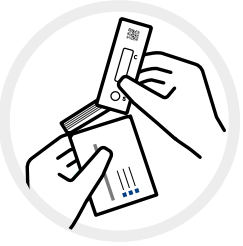
16 **Check the expiry date (EXP)** on the sealed pouch. Take the test cassette out of the sealed pouch and place it onto the cleaned flat surface.

Warning

A test cassette that has been outside of the sealed pouch for more than 30 minutes should be discarded. Safely throw away the inner desiccant bag and pouch into the plastic waste bag/zip-lock bag.
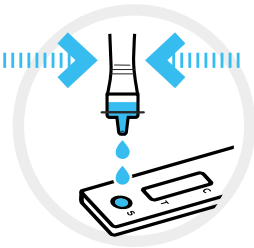
17 Gently squeeze the extraction tube to place 4 drops of liquid onto the sample well (marked S) on the test cassette.

Advice

Make sure you place the test cassette on a flat and level surface . Do not move the test cassette during the test. Slowly add drops to the sample. Do not overfill.

18 **Set a timer.**
Wait 15 minutes to read your result.

15
minutes

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5. Read your result
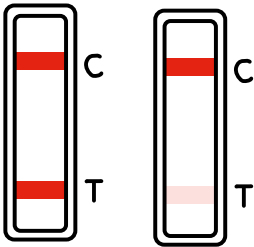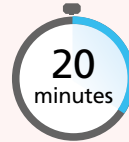
Positive result

Two lines appear. One coloured line should be in the control line region (C), and another coloured line should be in the test line region (T). Two lines, one next to C and one next to T, even faint lines, show the test is positive.
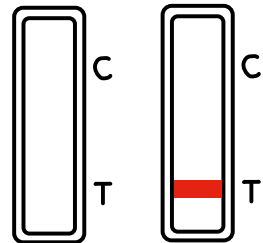
Important

If you test positive you should self-isolate, your household should follow government guidelines on self-isolating:
nhs.uk/conditions/coronavirus-covid-19/self-isolation-and-treatment/
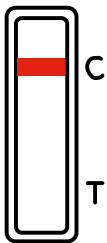
Negative result

One coloured line appears in the control line region (C). No line appears in the test line region (T).

Void result

Control line (C) fails to appear.

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6. Report your result

You should report your positive, negative and void results to the NHS.
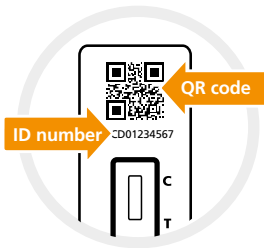
Recording all test results helps scientists spot new virus outbreaks and advise how to respond. If people only report a positive result, case levels look higher than they really are.

So even if your result is negative or void, you'll make sure NHS information stays accurate.

You need the QR code, or the ID number under it to report your result.

Report online (fastest)
If you live in England, Wales or Northern Ireland visit: **gov.uk/report-covid19-result**

If you live in **Scotland** visit: **covidtest.scot**

Report by telephone
Call **119**
Lines are open every day, 7am to 11pm, (free from mobiles and landlines)

Use the camera on your phone to scan the Quick Link QR codes

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7. What your results mean

You have only completed your test when you have reported your result

⊕ Positive result

If you get a positive result, it is likely you are currently infected with COVID-19 and risk infecting others. You should self-isolate. When you report your result, you will be provided with further information on the next steps to take.

> **Warning**
>
> You, and anyone who lives with you, should follow current national and local guidance. This can be found at: **nhs.uk/conditions/coronavirus-COVID-19/self-isolation-and-treatment/**

⊖ Negative result

If you get a negative result, it is likely you were not infectious at the time the test was taken. A negative test result, however, is not a guarantee that you do not have COVID-19.

If you test negative, you should continue to follow national and local rules and guidelines, including regular handwashing, social distancing and wearing face coverings, where required.

If you develop symptoms you should self-isolate and get the current recommended test at: **gov.uk/get-coronavirus-test** or by calling the customer contact centre
on **119**. Lines open every day, 7am to 11 pm. You and your household should follow national guidelines**.**

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⊘ Void result

If you get a void result, this means it's not possible to say if you had the virus when the test was done. To check if you have coronavirus, take another test as soon as possible. Do not reuse anything from the first test, and start the test procedure from step 1.

If the problem persists

If the problem persists, discontinue using the test kits immediately. If you do not have another test available, you may take a different type of test through the NHS COVID-19 app or by visiting: **gov.uk/get-coronavirus-test** or by calling the customer contact centre on **119**. Lines are open every day, 7am to 11 pm.

8 Test performance

The test is more likely to give a positive result if someone has high levels of coronavirus (COVID-19).

This means that it is most likely to detect the people who are currently infectious and need to immediately self-isolate.

9 Safely dispose of your test kit

Once your test is complete, put all of the used test kit contents in the waste bag provided, except for the workstation, and put this in your general household waste.

Wash your hands thoroughly after disposal.

> **Advice**
>
> The individual zip-lock bag can be used as the waste bag.

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Your kit contains the following materials

Items	20 - Pack
Instructions for use	1
Sterile swab in sealed wrapper	20
Test cassette in sealed pouch	20
Extraction tube with buffer	20
Dropper tip	20
Zip-lock bag	20
Workstation	1
QC certificate	1
Small Cap (not required)	20

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Make a note of your test results

QR code / ID number of the test kit	Who took the test	Date	Time	Test result

Symbols used

Store at 2 – 30°C

Sterilized using ethylene oxide

Manufacturer

Don't use the product when the package is damaged

LOT Lot number

Expiry date

IVD In vitro diagnostic medical device

Keep away from sunlight

Date of manufacture

Do not re-use

Warning, please refer to the instruction

Keep dry

Consult instructions for use

Number of units in pack (20)

REF Catalog number

Do not resterilise

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NHS
Test and Trace

You have only completed your test, when you have reported your result

Supply of this device is only permitted as part of the DHSC deployment under the NHS Test and Trace programme.

Version: TC2612.
All of the information and images in this document are correct as of 16 December 2021.

REF   GCCOV-502a-NA20

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