Section 1: Bardsley Bridge, Oldham Road, Ashton under Lyne to Manchester Road Mossley. 5.8 Miles

Start: Bardsley Bridge, Oldham Road, Ashton under Lyne. OL7 9PG (Grid Reference SD 930 014)

Finish: Manchester Road/Shadows Lane Mossley. OL5 9BS (Grid Reference SD 983 036)

Transport Links Start:
- Bus 409, 396, 419
- Tram stop Ashton under Lyne. 1.2 miles
- Railway station Ashton under Lyne. 1.3 miles

Transport Links Finish:
- Bus 343, 350, 354
- Railway station Greenfield 1 mile
- Railway station Mossley 1.2 miles