Section 1: Bardsley Bridge car park, Oldham Road, Ashton under Lyne to Manchester Road/Shadows Lane, Mossley.

Distance 5.5 miles (8.8 km)
Time 3 hours.

1. From Bardsley Bridge car park, cross the bridge and turn left through the stile onto the old towpath. Turn right under the road bridge and follow the path for a third of a mile to Park Bridge Road at Fennyfield Bridge.

2. Turn right and at the junction where Alt Hill Lane turns right, keep straight on along the cobbled road, signposted Park Bridge Heritage Centre.

3. At the fork in the road bear right up Alt Hill Road. (If you require refreshments and toilets, take the left fork up the hill to Park Bridge Heritage Centre. The Stables Tearoom is in the courtyard, usually open Thursday – Sunday 11 - 3).

4. At the next fork continue downhill past the Old Post Office cottage and in a few metres go right on a foot path, with the river Medlock on your left.

5. After going up steps go left on a track (a former railway line to the Iron works). When the path goes left follow the footpath straight on to the right of the pump house ruins. At the metal finger post, head uphill towards Lees Road.

6. Go over stile and bear right, then cross the footbridge and bear right again to pick up a track at finger post. Go over stile at gate and turn left. As the track bears right go left over a stile along a path to Lees Road B6194.

7. Cross this fast and busy road with care and go left for 50 meters then right over a stile. Follow the ditch and when it ends, bear right uphill over the stile. Keeping the fence to the right, walk up the field and then turn left at the finger post.

8. Cross a little hollow. (stiles) This section can be very muddy in wet weather. Keep going in same direction to more stiles and a boardwalk then after a stile and stony path look for a waymarker (before some holly bushes), pointing uphill to a stile in the top wall.

9. Cross straight over the junction and over a stile taking the path going uphill. Turn right at the top to the monument on Hartshead Pike. A good time to take in the views and have a short rest.

10. Now take the path in the back wall descending to Broad Carr farm. Turn left and after 100 metres turn right between farm buildings to a stile at a gate. Turn left and follow edge of field to a stile near a pylon, with the wall now on your right continue to Broadcarr Lane.
11 Turn right onto Broadcarr Lane. Go past the cottages and then turn left into the field by the finger post. Cross the field and over a stile and go left following the path along the edge, keeping on the upper path.

12 Beyond the highest point the fence bends right, after a short distance go left over a stile and forward over another stile. Now aim towards the pylon, but halfway to it go half right downhill (No path visible but it is a right of way). At a fence go over the stile and continue downhill, towards some holly trees, to a stile in the quarry fence. Go over the stile and follow the edge path down to a track, bear right then left into the old Grotton brick works lime kilns. Good spot for a break.

13 Continue uphill towards Under Lane. Cross the road and go up the steps and follow the path up to Quick Edge. NB. The Tameside Trail coincides with the Oldham Way as far as Quick. Cross straight over Quickedge Lane (Gate and gap stile).

14 Go down across the field then down another field with the wall on your left, the path now squeezes between fences and building to emerge beside a house on Strawberry Lane.

15 Turn left and head for Quick Road the A6050. Turn right down Quick Road to Stockport Road. 100 metres before Stockport Road, just before a telegraph pole, take the gap stile on the left.

16 At the bottom, take care and cross over the road then go straight down the track opposite on to a gate at Tame Bank Farm. Passing through gates keep going downhill to follow the old walled lane over the railway and down into the valley rounding a house, over the River Tame and soon across the Huddersfield Narrow Canal.

17 Continue up the unmade Calf Lane to the A635 Manchester Road.

Parking at lay-by opposite the Royal George Pub on A635 Manchester Road available.