



Hi, I'm Beth! 🖐️

I'm a Trainee Educational Psychologist. I help children and young people understand their strengths, the things they find tricky, and what helps them learn best. Together, we can think about ways to make learning easier.

🌟 What I'd like to learn about you

I'd like to get to know you and find out:

- What you enjoy
- What you're good at
- What helps you learn
- What is important to you

🎲 What might we do together?

When we meet, we might:

- Have a chat
- Play games
- Do some activities

❤️ Things I like

- Running and hiking
- Cooking
- Spending time with friends and my dog

🌱 Things I'm learning

- Gardening
- Crochet

💬 People think I am...

- Friendly
- Kind
- Fun

✅ Your Choice

I want you to feel comfortable when we meet.

It's okay to feel nervous or unsure, or if you don't want to do something.

You can ask questions, take a break, tell me if something is difficult, or talk to an adult you trust.