

CREATE COLOURS BY LEAF BASHING

Create pictures, cards or even nature bunting with the colours that are locked in plants.

- Collect a number of natural materials to print from. To produce a good print they need moisture in them – moist leaves, flower petals and grasses work very well.
- Find a flat, hard and preferably smooth, surface to work on and arrange your items onto one half of your paper or fabric. Fold over the other half fabric or paper. Try to hold this in the same position while you are bashing so you get a nice clear print.
- Gently tap the natural material underneath the fabric, trying to keep the hammer head as flat as possible as you bash it. The aim is to crush the plant gently so the colours are released but it is not smashed to bits.
- Tap repeatedly until the colour of the plant starts to come through. Peel off the fabric or paper, and brush off crushed plants -the natural colourings in the plant should have stained the material and made a lovely pattern.



What you will need:

- Some leaves and petals
- White paper or thin fabric
- A hammer or mallet
- A smooth hard surface to work on

