



Parent/Carer Guide for Virtual Consultations

Educational Psychologists (EPs) often adopt a 'consultative' approach to help children and young people succeed. This takes the form of a meeting with people important to the child/young person's life. EPs assist people to reach solutions by drawing on the experiences of those involved with the child/young person, as well as their own professional training.

While EPs will work in different ways dependent on the needs of the child/young person, this usually takes the form of the following:

- We use the information you share to work collaboratively with you and school/nursery staff to identify some strategies and agreed actions. These strategies form part of Joint Objectives Plan (JOP)
- We will summarise the outcomes of our involvement in the form of a JOP that will be sent to school and school will share with you. The JOP should be reviewed after sufficient time for the strategies to be implemented, this may be in another Virtual Consultation or with Key School staff.

What we ask from parents/carers in consultations:

We ask that the meeting takes place in a quiet/indoor space where there is a reduced chance of interruptions. Where possible, we encourage both school staff and people at home to use headphones.

- We expect that consultees will arrive 5 minutes earlier than the start time of the consultation, in case IT issues need to be addressed.
- Consultees in the meeting must remain in the consultation for the full 45 minutes (except pre-arranged/ exceptional circumstances).
- We recommend consultees use a laptop/ computer and their camera and microphone during the meeting to ensure they can contribute and converse with ease.
- All participants will be working towards positive outcomes for the Child or Young Person, so we ask that mutual respect is maintained throughout

If you have any difficulties in relation to accessibility to the virtual consultation, please contact your school to discuss what support can be offered.