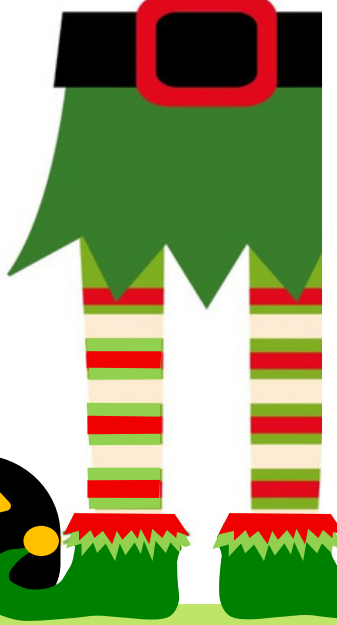
CHALLENGE 7



Do a Festive Dance

What better way to keep fit, get moving and have fun than all joining in a group dance.

Your challenge is to create some really 'elfish' dance moves with the class and really get into the Christmas spirit.

Fortnite 'Floss' moves may prove more popular than the Macarena or Gangnam style, but it's a great opportunity to have fun as a group.

Maybe you can run your own 'Strictly Elf Dancing' competition where you pair up children, and have presenters and judges.





Carols were first sung in Europe thousands of years ago, but these were not Christmas Carols. They were pagan songs, sung at the Winter Solstice celebrations as people danced round stone circles. The Winter Solstice is the shortest day of the year, usually taking place around 22nd December.

The word Carol actually means dance or a song of praise and joy!

Carols used to be written and sung during all four seasons, but only the tradition of singing them at Christmas has survived.

Tameside Metropolitan Borough

IN TAMESIDE