Person Centred Planning

One Page profile

**What is a One Page Profile?**

A One Page Profile is a tool that will tell you great things about a child/young person, what is important to them and for them, what makes them happy and how best they would like you to support them in achieving the things they want to do in a safe and healthy way.

It is a way of parents and professionals sharing their knowledge, understanding and expertise about the child/young person they are planning for. This could include things that have been learnt through experience, observations and from direct communication with the child/young person.

A One Page Profile

* Can be used as a starting point in planning for a child/young person
* Should provide consistency of support and a better understandingof how to engage positively and effectively with a child/young person
* Should be written with the child/young person as well as with people that know them really well, family, friends and professionals who have worked with them for a period of time
* The information can be collated using a collection of Person Centred Tools such as: what people ‘Like and Admire’, what’s ‘Important to and Important for’ it should reflect the voice of the child/young person, professionals and be written positively – there should be enough detail to show someone who is supporting the child/young person who they are and how to support them effectively
* Should be clear and easy to read and understand. There should be no jargon or acronyms
* Learning styles and ability of the child/young person should be reflected and supported to include visuals and pictures

**When to use a One Page Profile?**

We can use a One Page Profile when we want to:

* Describe a child/young person and their support needs while within a particular environment eg. School, college, activity club
* Provide up to date information about who the child/young person is now! It is therefore very important to reflect change
* Provide support in times of change for the child/young person and people who may not know them very well eg. New school, transition, activity club, work experience etc
* Share things that are important to the child/young person and things that people who come into contact with the child/young person need to know eg. How they communicate, medical requirements etc
* Get to know a person quickly and introduce them to a new or unfamiliar surrounding