Safeguarding Adults in Tameside

www.tameside.gov.uk/socialcare/adultabuse
This leaflet explains what you can do if you are being abused or if you suspect someone else is. It applies to everyone over eighteen and living in Tameside. Adults may be harmed, or taken advantage of by those in a position of power to them.

Every adult has a right to:
- A life free of fear
- Be treated with dignity
- Have their choices respected and not be forced to do anything against their will

**Who may be at risk of abuse?**
Many adults over the age of 18 rely on other people to help them in their day to day living. This may be due to illness, disability or frailty. They may be at risk from people they know such as a relative, friend, neighbour or paid carer, or, less frequently, by a stranger. Abuse may occur anywhere including in their own home, in care homes or in day care centres or hospitals.

**What do we mean by abuse?**
Abuse can take many forms such as:
- Hitting, slapping or pushing
- Shouting or swearing which makes the person afraid
- Unwanted touching, kissing, sexual intercourse or exploitation
- Money or property taken without consent or under pressure
- Not being cared for properly or denied privacy, choice or social contact
- Neglecting to care for ones health or surroundings
- Domestic servitude

**What can you do if you suspect abuse?**
If you know of a worrying situation, please do not ignore it. You can contact the Safeguarding Adults Team or Adult Social Care to report your concerns or for more information. You do not have to give your name and any information you give to us will be treated confidentially. We will always respect the wishes and feelings of the adult at risk.

**Who can you contact?**
You can contact Early Assessment & Intervention (Adult Services) for further information and advice:

**If you suspect a crime has been committed please contact the police on 101**

**Adult Social Care**
Tel: 0161 342 2400  
Bi-lingual Line: 0161 342 4145
Email: AACCT@tameside.gov.uk

**Office hours:**
Monday - Wednesday 8.30am - 5pm
Thursday 8.30am - 4.30pm
Friday 8.30am - 4pm